

Basic Soap Recipe



Ingredients	Ounces
Olive oil	5.00
Coconut oil	5.00
Palm oil	2.50
Castor oil	1.25
Palm kernel	2.50
Water	5.00
Essential oil	
Lbs of fat in this recipe	16.25 oz or 1 lb
Lye	2.38
Superfat	1.00

.38% of this fat total is 6.17 oz of water
superfat 1 oz/lb of fat = 1 oz superfatting